

10th annual UK Sail Training Conference
25th January 2019
The Spark, Solent University, Southampton SO14 0YN

SOLENT
UNIVERSITY

0845 - 0930	Registration and coffee
0930 - 1100	Opening Plenary Session Opening Speech by George Rawlinson, Operations Manager, RNLI
1100 - 1125	Coffee and Networking
1130 - 1230	Choose one of three options to attend: (A) Safety aloft (B) Ocean Literacy (C) Sail Training showcase
1230 – 1340	Lunch
1320 – 1340	AGM
1345 – 1500	Choose one of three options to attend: (D) Sharing good practice (E) Life Jacket maintenance (F) Staying involved longer term
1500 - 1520	Coffee and Networking
1520 - 1635	Choose one of three options to attend: (G) Sail Training Research (H) Accidents and Incidents (I) Introduction to mental health first aid
1640 - 1700	Closing Plenary

Please see reverse for details on each session.

Morning session

A Safety Aloft

Andy Hodder Smith is the Chief Rigger for the National Museum of the Royal Navy, looking after HMS Warrior, Victory and Trincomalee. He will talk about his experience of working aloft, new equipment available and some techniques to use on all types of vessels.

B Ocean Literacy

John Hepburn from The Island Trust talks about how to incorporate the principles of Ocean Literacy into a Sail Training voyage and invites delegates to come up with their own ideas.

C Sail Training showcase

Richard Leaman-Grey from Tall Ships Youth Trust will share insights about the last 18 months, difficulties and changes. Alex Coakley from the Morning Star Trust will speak about their issues and programmes.

1st afternoon session

D Sharing good practice

Open discussion session to share good practice amongst Sail Trainers. Suggested topics include supervision ashore, swimming off the boat and hours of rest.

E Life Jacket Maintenance

Ocean Safety will demonstrate how to check lifejackets, signs to look out for, proper fitting, post wear care and re arming where it is needed. If time allows, other types of LSA will be demonstrated.

F Staying involved longer term

Andy Brown will speak about his own career path from Sail Trainer to maritime professional. He will give some ideas for how Sail Trainers can remain involved after leaving, and how organisations can support their staff in moving on but returning to Sail Training on a regular basis.

2nd afternoon session

G Sail Training research

Associate Professor Heather Prince (University of Cumbria) and Dr Eric Fletcher (Newcastle University/ Trustee of OYT North) will talk about and discuss OYT North's current Social Impact Study, using ASTO's Theory of Change, and an opportunity to conduct Action Research aboard your own vessel.

H Accidents and Incidents

Nicholas Hance, Principal Inspector from the MAIB explains how to investigate and learn from your own incidents. There will also be an opportunity to share your own incidents.

I Introduction to Mental Health First Aid

Anne Dinnage, MHFA instructor with wide experience of outdoor adventure with young people and the armed forces, gives tips on how to spot the signs and how to help with mental health problems.